FAQs

# Carbon Laser Peel Treatment

1. **What is Carbon Laser Peel?**

A modern skin resurfacing facial approach that uses focused light. The treatment is well known as the “China Doll Peel” for its “porcelain doll like finish” effect on the skin and the “Hollywood Peel” due to its popularity to top notch celebrities.

1. **How does Carbon Laser Peel work?**

Medical grade carbon is thinly and evenly applied to the face. Emitted laser is absorbed by carbon particles destroying its pigments, taking along with them damaged cells and oil of the skin. Carbon laser peel tightens pores and promotes collagen synthesis, leaving the skin glowing boasting an overall rejuvenated look.

1. **What will I feel during the treatment? Is it safe? How long will the treatment take?**

The treatment is painless but you will experience warmth and slight tingling which is tolerable.

Carbon Laser Peel is very safe and will only take only 30-45 mins to finish a session.

1. **How many treatments I need before I see results and how long will it stay?**

After the treatment, a rejuvenated and fresh face is achieved. 2-3 weeks interval between treatments is recommended to allow collagen reproduction. Results will stay depending on the individual esp. with his/her sun exposure.

1. **What to do before/after my treatment?**

**Pre instructions:**

* Avoid other resurfacing treatments for 2 weeks prior to treatment.
* It’s essential to avoid sun exposure or any other form of tanning prior to a Carbon Laser Peel treatment and use an SPF30+ sunscreen for 2 weeks.
* Avoid strong exfoliate or Vitamin A (Retinol) 3 days prior to treatment.
* Prepare your skin with specialized skin care products, recommended for at least two weeks prior to treatment.
* Remove any creams and make-up prior to treatment.
* You may feel a slight pricking or stinging. You must arrive 30 minutes prior to treatment time in order for topical numbing cream to be applied and to take effect.

**Post instructions:**

* Avoid strenuous exercise or sweating for 48 hours.
* No rubbing, scrubbing, picking or scratching of the treated skin.
* Do not use any active skin care products for 24-48 hours post treatment.
* Use mild cleanser to the treated area. Strong soaps (cause dryness), perfumed soaps (cause irritation).
* Avoid exposure to the sun after the treatment. It might affect the results. If sun exposure is unavoidable, abuse to apply an effective sunscreen.
* Stay away from Sauna / Steam Baths until skin become normal.

1. **Does carbon laser treatment hurt?**

The majority report no pain, the only experience a slight warming of the skin and light pricking feeling typically.

1. **How carbon laser treatment work?**

Laser energy lightly removes carbon particles within lotion, which also heats the dermis of your skin and lightly ablates the top layer of dead skin. The laser energy breaks up pigment that is then carried away by your body, and heats the skin causing the skin to contract while at the same time stimulating the building of collagen.

The laser energy works in two ways:

First, it gently targets the melanin (pigmentation) in the cells breaking it up for your body’s natural removal process. Secondly, it heats deep in the dermis causing the skin to contract and stimulate collagen. Because the treatment is gentle, multiple passes are needed in order to obtain optimal results.

1. **How can carbon treatment benefit?**

Carbon laser treatment can benefit men and women of all ages and assist people with pigmentation, acne, wrinkles dull or poor skin tone, large pores and helps to lessen the premature signs of ageing.

1. **Is there any downtime after the carbon laser treatment?**

Carbon laser treatment is non-invasive and you can return to normal activities straight after your treatment. You will need to ensure that you use SPF 30+sun block for any outdoor activities

1. **What can I expect on the day of my Spectra Carbon Peel?**

On the day of your treatment, you will need to remove any make-up or moisturizers. You can ask for numbing cream to be applied before your treatment however this is rarely necessary. Make-up and sunscreen may be applied immediately following treatment.

1. **How many treatments will I require?**

As each patient is different it is not possible to completely predict how many treatments you will need, but on average you may need four to six treatments to achieve ideal results anywhere from one week to two weeks apart.

1. **Are there any side effects?**

The skin can appear slightly red after treatment but that usually disappears within a few hours.